

Sheet1

Day	Net Name	Time (Eastern)	Frequency (Dial – Waterfall)	Notes
Sunday	PA NBEMS Net	10:00 AM	3583.5 USB +1000 Hz	Olivia 8/500 for check ins. Longest running USA NBEMS net.
	PA NBEMS Net	11:00 AM	7073.0 USB +1000 Hz	Continuation of 80 meter PA NBEMS net.
	Midcoast Maine NBEMS VHF Net	07:00 PM	W1EMA (Aborn Hill) Repeater	Local training net, voice and digital. 147.270 MHz, PL 136.5 Hz
Monday	Virginia Digital Net	07:15 PM	3578.5 USB +1500 Hz	Olivia 4/500 for check ins.
Tuesday	MI Traffic Net	08:00 PM	3583.0 USB +1000 Hz	Olivia 8/500 for check ins.
	Virginia Digital Net	07:15 PM	3578.5 USB +1300 Hz	Olivia 4/500 for check ins.
	Idaho ARES Digital Net	10:00 PM	3578.5 USB +1000 Hz	Alternate is 7073.5 +1500 Hz. PSK31 for check ins.
Wednesday	US East NBEMS Net	07:00 PM	7036.0 USB +1500 Hz	Olivia 8/500 for check ins.
	Maine HF NBEMS Net	07:30 PM	3583.0 +1000	Olivia 8/500 for check ins.
	AR HF Digital NVIS NBEMS Net	08:00 PM	3582.0 USB +1000 Hz	Olivia 8/500 for check ins. Fall/Winter
	AR HF Digital NVIS NBEMS Net	08:00 PM	7070.0 USB +1000	Olivia 8/500 for check ins. Spring/Summer
	xca NBEMS Net	11:30 PM	3584.0 USB +1000 Hz	PSK125. Calaveras NBEMS. 1, 2, 3 Weds. of month.
Thursday	MI Traffic Net	07:00 PM	3583.0 USB +1000 Hz	Olivia 8/500 for check ins.
	Virginia Digital Net	07:15 PM	3578.5 USB +1300 Hz	Olivia 4/500 for check ins.
	MO-KAN NBEMS Net	09:00 PM	3584.5 USB + 1500 Hz	Olivia 8/500 for check ins. Message handling, Larry KB0EMB NCS.
	MN ARES Digital Net	09:00 PM	3583.5 USB +1000 Hz	Olivia 16/500 starting mode.
Friday				
Saturday	NY NBEMS	10:00 AM	7036.0 USB +1500 Hz	Olivia 8/500 for check ins.
	So. Territory SATERN Net	01:00 PM	14065.0 USB +1000 Hz	Olivia 8/500 for check ins.
	MI Traffic Net	07:00 PM	3583.0 USB +1000 Hz	Olivia 8/500 for check ins.

Frequencies or waterfall positions may vary slightly depending on other traffic.